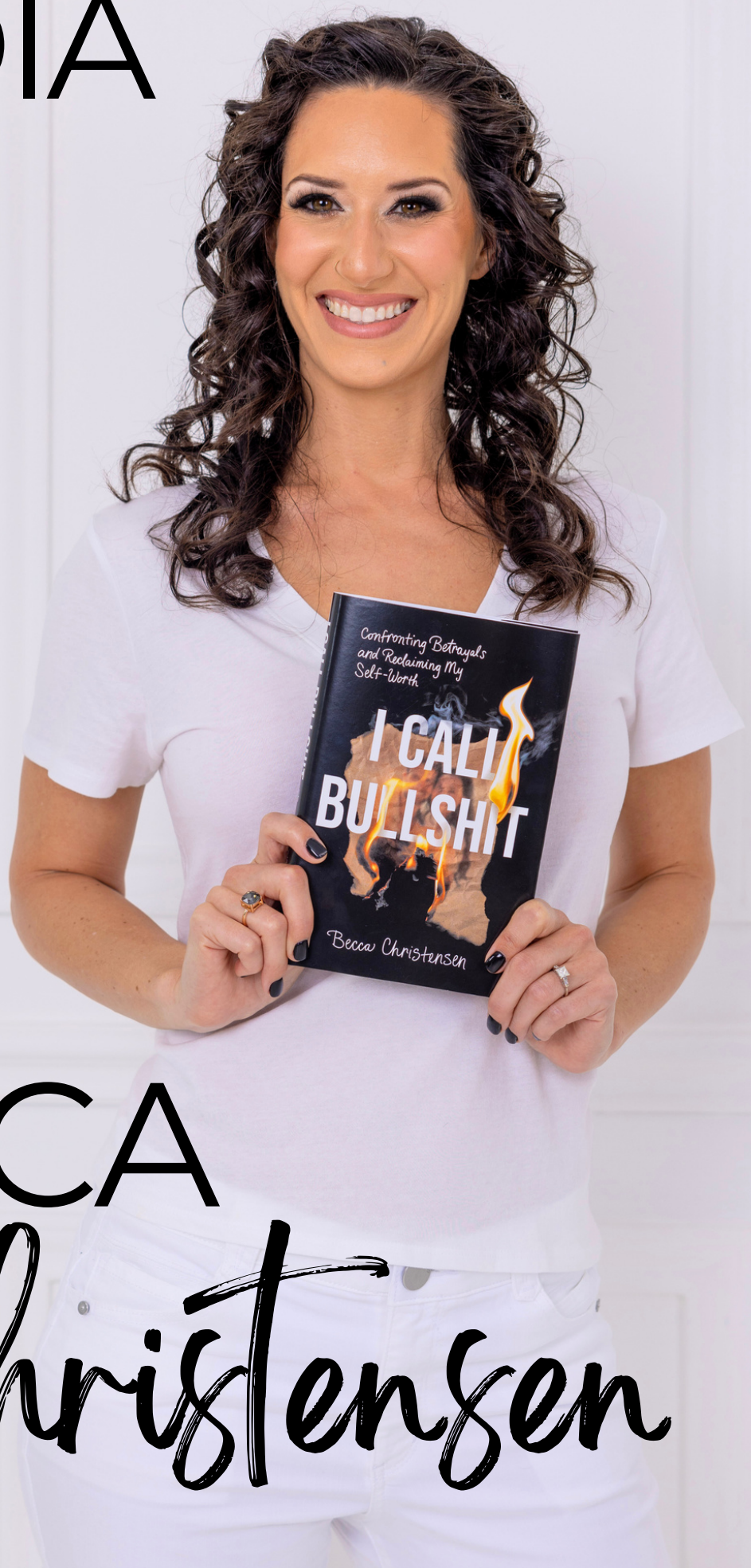


MEDIA KIT



BECCA

Christensen

ABOUT THE BOOK

Title: I Call Bullshit: Confronting Betrayals
and Reclaiming My Self-Worth

Hardback ISBN: 979-8-9895105-0-4

Paperback ISBN: 979-8-9895105-1-1

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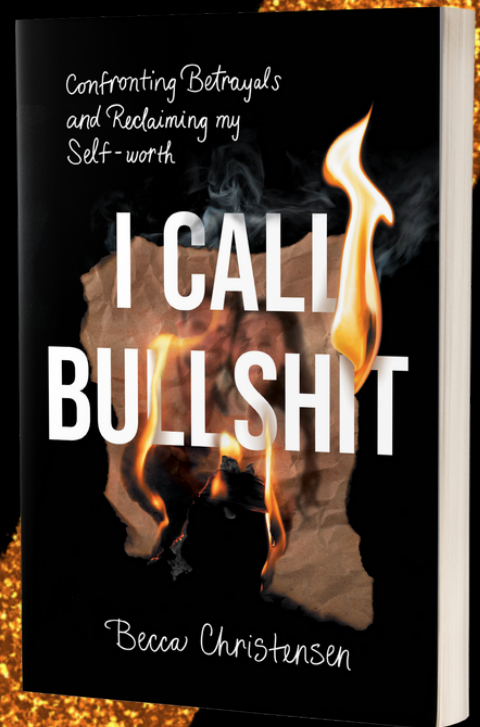
Page Count: 196 pages

Price: Hardback-\$21.99, Paperback-\$11.60,
ebook-\$5.99

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Universal Link -

<https://books2read.com/u/mKXjdV>



Description:

Love never means losing yourself.

Becca Christensen worked for years to create an idyllic home far different from the one in which she grew up. She had what she thought was the perfect relationship with the perfect man: romantic serenades, Christmas at Disney World, and a beautiful new house.

Then a phone call changed everything, destroying any illusions Becca had about a happily ever after. She soon found herself nearly drowning in a tsunami of lies.

In *I Call Bullshit*, Becca tears off the rose-colored glasses that once colored her view of life. This intimate memoir of surviving betrayal and reclaiming her true self—a self she had deliberately pushed aside in an effort to please others—inspires you to invest in rediscovering your own self-worth. Because ultimately, the relationship most worth saving is the one you have with yourself.



ABOUT THE AUTHOR

Becca Christensen is an avid lifelong learner with many varied interests. She enjoys making mixed-media art, energetically dancing, exploring, reading, and especially loves traveling the world with her husband. Their travels will continue aboard a sailboat in the next few years, and she is practicing her Spanish to better communicate with more people along their journey. Becca earned both her master's degree in educational leadership and her bachelor's degree from Texas State University. In a former life, she was an elementary school teacher and a mortgage lender extraordinaire. She lives and works in Texas.

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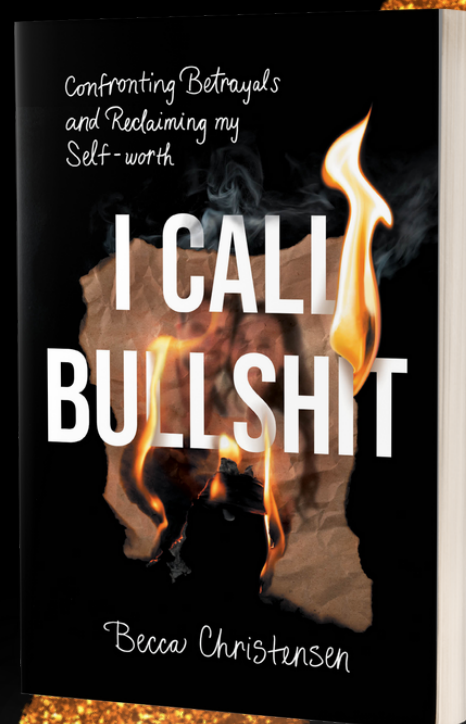
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Book Excerpt:

I could feel my body cracking open against my will, its truths starting to emerge from under the layers of shame that had been subtly and carefully constructed. I wasn't sad, although anyone who saw me would have thought otherwise. I looked like a depressed and naked drowned rat hanging onto the edge of the tub. But no, I wasn't sad - and I wasn't angry. Inside of me, I felt a new strength building. Before, I had been at war with myself, knowing that I had to accept how he treated me no matter how ashamed or scared it made me feel. For years, he had tried to convince me that I should feel the same way he did, that all of this was OK. But this time, his behavior had summoned what felt like an ancient and awful truth within me, one that would no longer remain silent: I was not safe here.

It felt like he wanted to defeat me, wanted to make me feel small. Yet, as I pushed myself up to stand under the still flowing water, I felt like a warrior rising up to fight.



What readers are saying:

"Raw. Authentic. Inspiring." - Jenn C

"HOLY SHIT. I have no words, Gorgeous. And I resonate SO deeply." - Kate R.

"Utterly compelling, beautifully written...Your truth, honesty and vulnerability come through in every paragraph" -Christine M

"Becca captivates her audience in her raw telling of her story - blazing the trail for us to call bullshit, heal in our own stories and live to our true authentic selves." - Katie P.

"I am definitely not a reader anymore, but I could NOT stop. Granted mom/work duties made me put it down. But just wow!" - Vanessa A.

"Finished and all I have to say is WOW!!!...there is also a seriously entertaining and endearing aspect that will draw in and hook you..." - Mary E

"Well I officially cannot put your book down... still reading and attempting to cook, clean, laundry etc. Everything I have read so far has resonated with me in ways I couldn't have imagined. It's crazy how we feel we are the only ones with trauma and your word usage is so impactful, raw and beautiful." - Noelle P.

"Raw and inspiring. A real story with real people and the filters removed. Vulnerability at its finest." - Lindsay S.

"To me, it's a book about courage. Learning to live from the heart after heartbreak." - Lindsay M.

"The story is the happy ending needed after an intimate journey of trauma and self-work. Becca's detailed writing is captivating while empowering the vulnerability needed to inspire our own growth." - Chrissy B.

"Authentic, inspiring, relatable. Telling your story helps blast another hole in the stigma surrounding survivors of abuse and trauma, empowering others to speak out and realize they aren't alone." - Ally C.

"An honest depiction of learning to trust oneself and a deeply personal discovery of keeping one's light shining from within in spite of all the bullshit one can experience, endure and overcome." – Jessi B.

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